

Welcome to Copelands



www.copelands.org.uk

Copelands

a new view of caring



a new view of caring

Situated in a prime location on the beautiful County Down coast between Millisle and Donaghadee, Copelands provides a calm and picturesque setting for residents and has been elegantly designed from the ground up.

A purpose-built exemplar model providing practice-leading residential and dementia care for Northern Ireland.

Copelands encompasses everything needed to create a genuine home-from-home where people can enjoy fulfilling lives.



My name is Andrea Selby and I have been a Care Home Manager for 30 years.

The team at Copelands are passionate about what we do and our desire is to ensure Copeland is a place where each resident is treated with dignity and respect and receives the highest standard of care.

As a team our goal is to deliver compassionate, enthusiastic care and is evidenced as we promote person centred care, our residents' wellbeing and happiness are at the forefront of everything we do. Our aim is for each resident to live as full a life as possible and I encourage their families and friends to be included in all aspects of daily life in Copelands.

I operate an "Open Door" policy, so always feel free to contact me if you have any questions or concerns.



Welcome to Copelands



BCM's mission is to improve people's lives in Northern Ireland. We do this by respecting each person as an individual, providing person centred, excellent care, listening to our service users and our staff, and striving to ensure those we work with have a positive experience, this is our ethos for life at Copelands.

BCM has a proven track record of caring for, and supporting, individuals, families and communities throughout the whole of their lives, as children, young adults, parents or through the later years of adulthood. It will be our privilege to care for you and we hope that you will find our values of respect, integrity, person-centred practice and excellence are evidenced in the way we work.

Combining more than a century of experience with the latest technology, training, and a building designed with you in mind, we are looking forward to Copelands establishing itself as an integral part of this community and region, while providing a true sense of community for its residents and staff.

Thank you for considering Copelands and being part of the BCM story.

Nicky

Nicky Conway, Chief Executive, BCM



Copelands is a contemporary and luxurious space, constructed according to the highest recognised standards in dementia-friendly design, while being domestic in feel and scale.

With a maximum capacity of only 60 residents, Copelands provides private en-suite bedrooms, with the majority enjoying views across the rolling drumlin countryside or out towards the Irish Sea.

Each bedroom:

- is fitted with an individually controlled thermostat.
- has a fully accessible en suite wet room.
- is furnished with a bed, two bedside tables, wardrobe, chest of drawers and console table.
- has TV/Telephone sockets and a basic Freeview channel selection.*

Residents are encouraged, with the help of their family, to personalise their room with a special chair, family photos, favourite ornaments, or pictures etc.

*Residents must provide their own TV screen/set and each room is wired to enable the installation of a Sky box at the residents' own expense.





- Copelands has an extensive programme of activities including exercise, knitting, BBQs, coffee morning, sing-a-longs, crafts and much more.
- 'The Hub' A common room adaptable for 'cinema nights', events and entertainment.
- A dedicated room for Hobbies/Arts & Crafts.
- 'Sea Breeze Spa' In-house hairdressers/barbers with nail bar and podiatry facility.
- A dedicated space for reflection and/or worship.
- A selection of books available to borrow and national and regional newspapers delivered regularly.
- 'Pebbles Café' A café-style socialising area which will provide a pleasant environment for social occasions or family events such as a birthday party or other large gathering or just a social cup of tea/coffee and a chat.
- There is a safe outdoor garden space with terracing, seating and paths to enjoy, while extensive landscaped gardens offer opportunities for light exercise, gardening and socialising.
- A spacious roof top garden with stunning sea views provides additional space for events, bowling and activities, or simply a place to sit and relax.
- From time-to-time outings are arranged and local community groups will provide entertainment or activities for the residents.
- An intergenerational programme involves students from local schools and day-care to help develop positive relationships.

Care at Copelands



Offering 24-hour dementia and residential care, Copelands promotes a person-centred approach, influenced by the 'Household Model of Care'.

Its primary focus is to replace the traditional care home structure with "households" of ten residents, with each individual's private room having its own front door.

Each household of ten also comes with its own lounge area and kitchenette, allowing for additional opportunities of socialising, relaxing, events and conversation, while enjoying the views from the balconies.

Dedicated to creating an environment that will offer the highest standard of care to older people, including those living with dementia, Copelands is a flagship project for BCM developed in partnership with Northstar - an award-winning specialist care home design and development consultancy.





Dementia Care at Copelands

BCM has a proven track record of excellence in dementia care, both at the award-winning Kirk House, and through the community-based housing support it provides to older people across Greater Belfast, Armagh, Newry, Craigavon and into Tyrone.

'Windmill Lane' and 'Lighthouse Mews' are the residential-dementia households at Copelands and they follow the tried and tested approach at Kirk House - BCM's housing with care in east Belfast - which has been a success for its residents, their families and the staff.

Both dementia households at Copelands have been adapted to support research-based approaches for those living with dementia, as utilised at 'Memory Lane' in Kirk House using the University of Stirling's Dementia Services Design Centre (DSDC) Design Audit Tool, which incorporates current research.

The staff team for Copelands will all complete the DSDC 'Best Practice in Dementia Care' development programme. This is a significant course of study over a six-month period.

The staff are all committed to providing a true 'home' for the residents and the flexible approach to the day enables a true person-centred approach to be adopted.





If you are interested in learning more about life at Copelands, whether for yourself or a loved one or relative, please do not hesitate to get in touch.

An in-person or virtual tour can be arranged by contacting us directly.

Mailing Address:

Copelands
97 Donaghadee Road
Millisle
BT22 2BZ

Phone Number: **+44 028 91312700**

Email Address: **copelands@belfastcentralmission.org**

For more information, please visit **www.copelands.org.uk**.

Copelands is a flagship care project of BCM (Belfast Central Mission) and is situated to the north of Millisle. Having been in the possession of Belfast Central Mission (BCM) since the 1930s, the site has played host to an orphanage, children's home, and conference centre during its lifespan.

BCM was founded in 1889 as part of the Methodist Church's response to inner-city issues. Today, the organisation continues to work with communities across the whole of Northern Ireland through a range of social care projects and service delivery in Belfast, North Down and Ards, Magherafelt, Dungannon, Newry, Armagh and Craigavon.





a new view of caring

BCM is a registered charity. NIC 101271